

Child care resources



One of the “side-effects” of the COVID-19 pandemic has been that a growing number of individuals and families, many of them Johnson City employees, are seeking informal child care options. Parents and caregivers of adults are facing many unique challenges as a result of the pandemic.

For that reason, we have assembled this guide in hopes that we can alleviate the burden of researching and identifying the options available to residents in our region. Please note: This guide makes no claim to being all-encompassing and Johnson City is in no way endorsing or promoting any of the groups and organizations listed herein. Our goal is merely to help those who might be struggling with this issue. Below you will find some community-based resources that can assist you.

Social/Emotional Support

UHS Employee Assistance Program (EAP)

Offering a unique three-fold approach to achieving balance through total well-being.

- UHS EAP Counseling Services
- Stay Healthy/NurseDirect Services
- Work Life Options

www.uhs.net/eap

(800) 445-3569 or (607) 763-6474



Children and Family Services

A good place to start, the [state Office of Children and Family Services](#) - provides a wide range of advice and referral information to help families with their child care needs. Their website contains detailed guidance on how to find and choose a care provider, as well as host of related resources.

Child Development Council

The Broome County Child Development Council provides a “Parent Warm Line” featuring child development specialists who can advise area families on child behaviors and concerns. They also have childcare referral specialists that maintain a directory of family and group home providers and may be able to help you explore and obtain childcare options. (607) 273-0259

Finding a qualified sitter

While it might go without saying, many families recruit from relatives, friends, neighbors and colleagues who they know and trust. Those not being options, here are some links to information that you can use to improve your search success:

- [Interviewing a Sitter](#)
- [Questions to Ask References](#)
- [Preparing Your Sitter](#)
- [Other Information to Help Orient Your Sitter](#)
- [Babysitting Rates](#)
- [IRS & Department of Labor Information](#)

General resources for parents from CDC on schooling & preparation

[Schools & Childcare](#)

[School Decision-Making Tool for Parents, Caregivers, and Guardians](#)

[Back to School Planning: Checklists to Guide Parents, Guardians, and Caregivers](#)

Kids at home

The Journal:

[Updated: Free Resources for Schools During COVID-19 Outbreak](#)

Homeland Security:

[Homeschooling Resources During COVID-19](#)

Head Start:

[Responding to COVID-19 - How Head Start can help support vulnerable children and families](#)

[COVID19: Fun & educational sites for your stay-at-home kids](#)

[How to Home School During Coronavirus](#)

Local Resources - Quick Links

www.childdevelopmentcouncil.org/

www.familyenrichment.org/

www.uwbroome.org/

www.helpme211.org/

<https://ocfs.ny.gov/programs/childcare/>



666 Reynolds Road | Johnson City, NY 13790
(607) 930-1005 | www.jcschools.com

Produced by the Broome-Tioga BOCES
Office of Communications & Public Relations