



Dr. Paige Mullins Thompson

Year of Induction: **2023**
Year of Graduation: **2008**

Fast and determined to be faster than her opponents, Dr. Paige Mullins Thompson stood out on the Johnson City cross-country and track teams during her four years in high school. A true student-athlete, Thompson stood out in the classroom as well as among the area runners. In fact, Coach Pete Tylenda describes Thompson as an “overall terrific person.”

During the years that Thompson was on the cross-country team, she and her teammates achieved two STAC, two Section IV, and four Division championships. She was also the captain and MVP of the team for several seasons.

During her high school years, she was a 5-time qualifier for the state championship events and was a runner-up in 2006. In the 2005-2006 season, Thompson was the girls individual STAC champion as well as the individual girls Section IV champion. In 2007, she was the runner-up for girls individual champion for Section IV. She was the recipient of numerous cross-country accolades throughout her high school years. She was named to the 1st All-State Cross-Country Team in 2006, the 2nd All-State Team in 2004 and 2005, and the 4th team in 2007 with an honorable mention in 2003. Clearly, she was recognized throughout the state as an outstanding runner.

While participating as a Wildcat track team member, Thompson also made her mark in the area and the state. In 2006 and 2007, she qualified for the state track meet. She was the 2006 and 2007 STAC champion in the 1500m and 3000m. In 2006, she was also the Section IV champion in the 1500m and 3000m. She followed this up in 2007 by taking the Section IV championship in the 1500m.

Thompson earned a scholarship and continued running at Syracuse University on both the cross-country and track teams for two years before she was injured, ending her collegiate running career. After graduating from Syracuse in 2011, Thompson went on to study optometry at the Pennsylvania College of Optometry in Philadelphia from 2012-2016.

Dr. Thompson’s practice is in Tennessee, where she resides with her husband, Christian, and two children.